



5th Annual ISES Run or Walk for Your Life
Sunday, February 28, 2010
3.3 mile Run and 1 Mile Fun Run/Walk
Phoenician Resort, Scottsdale, Arizona

Peripheral vascular disease is one of the world's largest killers today. Join us as we raise public awareness of the importance of exercise in disease prevention while raising funds to further education and research in this important field. A portion of the funds raised from this event will help sponsor the underserved in the local community for disease testing.

Registration 7:00 am – Run 8:00 am

Entry fees:

- \$25.00 USD
- \$10.00 USD for children 10 years and younger
- Current ISES members receive \$5.00 discount

SPECIAL RUN LOCATION!

Don't miss out on this unique opportunity to participate in the 3.3 Mile Run or 1 Mile Fun Run/Walk on the exclusive golf course grounds of the **Phoenician Resort, 6000 E. Camelback Rd, Scottsdale, Arizona**

Virtual, Team, Sponsorship & Volunteer Opportunities

For further information:

Phone: 480-242-4816/602-650-1334

Fax: 1-602-266-6018

Online Registration Available at www.arizonarunningeventsco.com

E-mail: arizonarunning@cox.net or admin@isesonline.org

Name of Participant _____
 Address: _____
 City _____ State _____ Zip _____
 Phone _____ email _____
 Birthday _____ Age on day of Race: _____ M or F (circle one)

Make check payable to ISES Shirt Size: M L XL (Circle One)

EVENT: 3.3 mile Run 1 Mile Fun Run/Walk

Check # _____ Credit Card (circle one) MC AMEX VISA

Card Number _____

Exp Date _____ Amount: \$ _____

Signature _____

Due to course restrictions, pets will not be allowed.

For further information, please call 480 242 4816 or 602 650-1334

PRIZES/FEATURES

- First Place Awards Overall Male & Female
- 1st, 2nd, 3rd Place Awards in 5 Year Age Groups
- First Place Award Male and Female for 1 Mile Fun Run/Walk
- T-shirts for all Participants
- Special Pre-Race Warm-up
- Health and Wellness Pavilion
- Raffle Prizes
- Virtual and Team Participation Opportunities!

ISES has partnered with **Soles4Souls** and will be collecting new and lightly worn shoes prior to the run and day of event. While we plan our event that promotes exercise and wellness, please bring your pairs of new/gently used shoes to donate in order to provide shoes to those who don't have the means to join us and live their lives in bare feet.



ISES is a 501(c)3 medical non profit organization whose mission is to further education, public awareness, and research in the noninvasive treatment of peripheral vascular disease and to improve care for patients worldwide.

Want more information? Visit ISES Online! at www.isesonline.org

Waiver:

In consideration of accepting this entry, I, the undersigned, intending to be legally bound hereby, for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against the Arizona Running Events Co., USAT&F, ISES, the Phoenician, or anyone associated with this event, their representatives, successors and assigns for any and all injuries suffered by me in said event. I will additionally permit the free use of my name and pictures in broadcasts, telecasts, newspapers, web sites, etc.

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____

Mail Entry to:

ISES
 1928 E. Highland Avenue #F104-605
 Phoenix, AZ 85016 USA